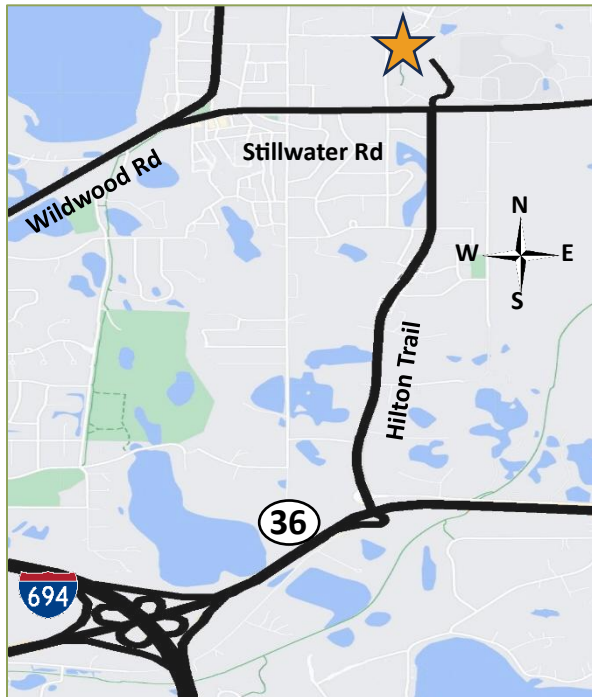




The St. Croix Valley Grief Coalition is made up of organizations and individuals in the local Minnesota and Wisconsin area that see a need for grief resources.

Check our website for a full list of supporters and recordings of our previous sessions.
www.scvgriefcoalition.com

St. Andrew's Lutheran Church
in the Sanctuary Building
900 Stillwater Rd, Mahtomedi, MN 55115
(651) 426-3261



SAVE THE DATES

The Early Spring 2027 series of Growing Through Loss will be held Thursdays from February 11 – March 18, 2027 at Shepherd of the Valley Church in Afton, MN

Want to help?

St. Croix Valley Grief Coalition welcomes more participation and additional resources.

**Donations are accepted.
Checks can be made out
and mailed to:**

***Lakeview Health Foundation
PO Box 306
Stillwater, MN 55082***

www.scvgriefcoalition.com
(651) 413-6698
scvgriefcoalition@gmail.com



GRIEF SUPPORT SERIES FALL 2026

**Growing
Through
Loss**

PRESENTED BY:



**St. Croix Valley
Grief Coalition**

Growing Through Loss

Addressing the experiences
of loss and grief through
support, education, and advocacy

FALL 2026

Host: **St. Andrew's Lutheran Church**
Sanctuary Building
900 Stillwater Rd
Mahtomedi, MN 55115
(map on back of brochure)

Tuesdays, Sept. 22 – Oct. 27, 2026
6:00 to 8:30 p.m.

Sign in	6:00
Speaker	6:30 to 7:15
Small Groups	7:30 to 8:30

Growing Through Loss is an opportunity to receive grief support and learn more about grief in a group setting, free of charge.

Each night includes a brief large group presentation by a grief educator, followed by smaller support group time focused on particular kinds of losses. Attend a single night or the whole series. Each session is complete in itself. Age 18+.

No need to register, we have a place for you here. If a need or barrier exists that prevents you from attending our series, please reach out.

website: www.scvgriefcoalition.com
call: (651) 413-6698
email: scvgriefcoalition@gmail.com

**FREE, Age 18+, NO REGISTRATION NEEDED,
ATTEND JUST ONE SESSION OR ALL OF THEM,
RELIGION NEUTRAL. COMMUNITY BASED**

Sept. 22 **The Impact of Loss on Families**

Dr. Janice Nadeau, PhD
Psychologist, Family Therapist and
Nurse Clinical Specialist

Sept 29 **The Grieving Process as Seen Through the Eyes of the “Broken Heart Syndrome”**

Dr. Charles Bransford, MD
Retired Hospice Director

Oct. 6 **When Grief Boils Over: Navigating Conflict During Challenging Times**

Molly Darsow, MS
Founder and Mediator
Still Waters Mediation, LLC
Qualified Neutral under Rule 114

Oct. 13 **Coping with Loss During the Holidays and Special Dates**

Steve Sims, BS, MRE, MA
Retired Hospice Manager, Chaplain,
and Bereavement Coordinator

Oct. 20 **Secondary Losses – Grief Magnified**

Gina Germain McGovern, MSW, LICSW
Grief Counselor for Allina Hospice

Oct. 27 **Resiliency and Renewed Hope After Loss**

Rev. Dr. Karna Moskalik
Care Advocate and Published Author

SAVE THE DATES

The Early Spring 2027 series will be held at
Shepherd of the Valley Lutheran Church
in Afton, MN on Thursdays
from February 11 - March 18, 2027

SUPPORT GROUPS

LOSS OF:

- Spouse/Partner
- Child
- Parent or Grandparent
- Sibling or Friend

OTHER LOSSES:

- By Suicide/Violent Death
- Health Changes or Disability
- Current Caregivers

All are welcome regardless of race,
color, creed, sex, sexual orientation,
gender identity, age, disability,
ancestry or national origin.

St. Croix Valley Grief Coalition Leadership

Founder of Growing Through Loss (1985)

Dr. Janice Nadeau, PhD
Psychologist, Family Therapist and
Nurse Clinical Specialist

Founder and Director

Jennifer Agen, RN, BSN
Lakeview Community Health

Co-Director

Kathryn Morin, MDiv, RCC
Hudson Hospital & Clinic Chaplain

Administrative Support

John Locke
Funeral Director at Simonet Funeral Home