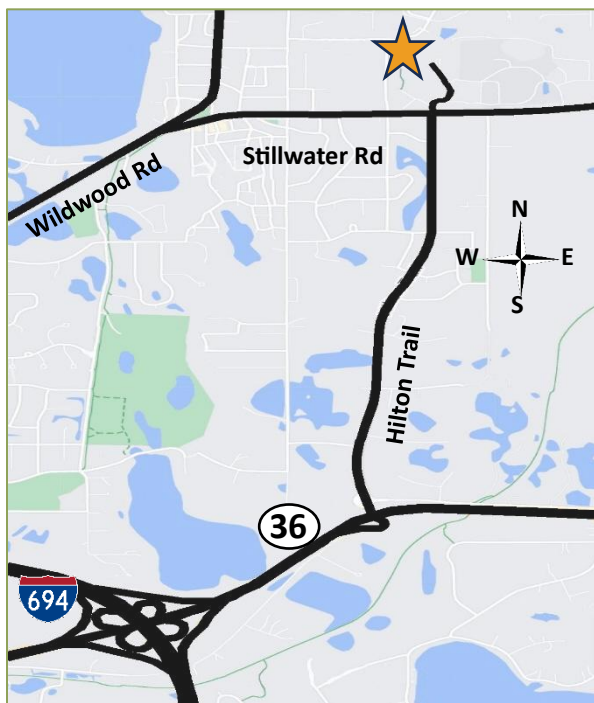




The St. Croix Valley Grief Coalition is made up of organizations and individuals in the local Minnesota and Wisconsin area that see a need for grief resources.

Check our website for a full list of supporters and recordings of our previous sessions.
www.scvgriefcoalition.com

St. Andrew's Lutheran Church
in the Sanctuary Building
900 Stillwater Rd, Mahtomedi, MN 55115
(651) 426-3261



SAVE THE DATES

The Spring 2026 series of Growing Through Loss will be held Thursdays from March 12 – April 23, 2026 at Shepherd of the Valley Church in Afton, MN

Want to help?

St. Croix Valley Grief Coalition welcomes more participation and additional resources.

**Donations are accepted.
Checks can be made out
and mailed to:**

***Lakeview Health Foundation
PO Box 306
Stillwater, MN 55082***

www.scvgriefcoalition.com
(651) 413-6698
scvgriefcoalition@gmail.com



GRIEF SUPPORT SERIES FALL 2025

**Growing
Through
Loss**

PRESENTED BY:



**St. Croix Valley
Grief Coalition**

Growing Through Loss

Addressing the experiences
of loss and grief through
support, education, and advocacy

FALL 2025

Host: **St. Andrew's Lutheran Church**
900 Stillwater Rd
Mahtomedi, MN 55115
(map on back of brochure)

Tuesdays, Sept. 23 – Oct. 28, 2025
6:00 to 8:30 p.m.

Sign in	6:00
Speaker	6:30 to 7:15
Small Groups	7:30 to 8:30

Growing Through Loss is an opportunity to receive grief support and learn more about grief in a group setting, free of charge.

Each night includes a brief presentation by a grief educator, followed by small group time focused on particular kinds of losses. Attend a single night or the whole series. Each session is complete in itself. Age 18+.

No need to register, we have a place for you here. If a need or barrier exists that prevents you from attending our series please reach out.

website: www.scvgriefcoalition.com
call: (651) 413-6698
email: scvgriefcoalition@gmail.com

**FREE, Age 18+, NO REGISTRATION NEEDED,
ATTEND JUST ONE SESSION OR ALL OF THEM**

- | | |
|----------|---|
| Sept. 23 | Hello Grief, My Old Friend
<i>Ted Bowman, MDiv</i>
Educator and Consultant |
| Sept 30 | The Art of Grief
as Seen Through
the Eyes of Our Biology
<i>Dr. Charles Bransford, M.D.</i>
Retired Hospice Director |
| Oct. 7 | The Impact of Loss on Families
<i>Dr. Janice Nadeau, PhD</i>
Psychologist, Family Therapist and
Nurse Clinical Specialist |
| Oct. 14 | The Mystery of Grief and Stress
<i>Stacy Eichman-Cardwell, MA</i>
Retired Adult Ministry Director,
MA in Counseling |
| Oct. 21 | Coping with Loss
During the Holidays
<i>Steve Sims, BS, MRE, MA</i>
Retired Hospice Manager, Chaplain, and
Bereavement Coordinator |
| Oct. 28 | Telling our Stories – Creating
Legacy and “Re-membering”
Techniques for Times of Loss
<i>Janelle M. Johnson, JD, LSW</i>
Founder and Consultant at
JMJ Consulting and Advocacy;
Social Worker for Lakeview Hospice |

SAVE THE DATES

The Spring 2026 series will be held at
Shepherd of the Valley Lutheran Church
in Afton, MN on Thursdays
from March 12 – April 23, 2026

SUPPORT GROUPS

LOSS OF:

- Spouse/Partner
- Child
- Parent
- Sibling or Friend
- Grandparent or Other Relative

OTHER LOSSES:

- By Suicide/Violent Death
- Health Changes or Disability
- Current Caregivers

All are welcome here regardless of race,
color, creed, sex, sexual orientation,
gender identity, age, disability,
ancestry or national origin.

St. Croix Valley Grief Coalition Leadership

Founder and Director

Jennifer Agen, RN, BSN
Lakeview Community Health

Founder and Consultant

Dr. Janice Nadeau, PhD
Psychologist, Family Therapist and
Nurse Clinical Specialist

Program Leads

Kathryn Morin, MDiv, BCC
Hudson Hospital & Clinic Chaplain

Lisa Schiemann, MSW

Bereavement Coordinator, Lakeview Hospice
Lakeview Health Foundation

Administrative

John Locke
Funeral Director at Simonet Funeral Home